



## BIG BEAR TRIP 2016

### PACKING LIST AND SUGGESTIONS

**Sleeping Bag:** It is encouraged to share a bed with a friend since most beds in the cabin are queen-sized. If you are uncomfortable sharing a bed, please bring your own sleeping bag or air mattress. We are at full capacity, so every bed has two people in it, whether you like it or not.

**Pillow and Blankets:** The cabins do provide some pillows and blankets. But if you feel more comfortable sleeping with multiple blankets, feel free to bring your own.

#### **Clothing and Accessories:**

Note: Please check the weather prior to the trip so you can plan proper clothing.

- Waterproof jacket
- Waterproof gloves
- Waterproof boots
- Long-sleeved shirt, turtlenecks, and thermals for layering
- Fleece jacket or lined windbreaker
- Ski pants - must be waterproof. Many EEPsters go sledding or skiing. You do not want to wear clothes that are not waterproof!
- Sweats (for lounging in the cabin)
- Flip-flops (in case you want to wear them in the cabin or shower)
- Comfortable shoes
- Warm socks
- Sunglasses
- Scarf
- Hat

#### **Toiletries and Personal Items:**

- Bath towel - towels are provided by the resort, but you are welcome to bring your own if you wish
- Personal hygiene products - shampoo, soap, toothbrush, toothpaste, mouthwash, dental floss, etc.
- Blow dryer
- Hair brush
- Sun block
- First Aid kit

**Water or Water Bottle:** You are encouraged to bring water with you, or at least a water bottle for refilling. It's really easy to get dehydrated, which can make you more prone to altitude sickness.

**Food and Snacks:** EEPC will provide some food, but not enough to last for the entire trip. Each cabin has a fully-equipped kitchen with a microwave oven, a coffeemaker, a toaster, pots, pans, plates, cups, and utensils. Everyone is encouraged to bring food to Big Bear. There are a few restaurants and supermarkets in Big Bear, so you can also buy food there. But please note that the resort is not close to town center, so most of the food you'll be eating is what you bring with you!

**Flashlight or Lantern:** If you decide to visit another cabin at night, you may want to bring a flashlight or lantern to help you navigate your way.

**Leisure-time Activities:** At times, there will be an **abundance of free-time**, which can be used to relax at the cabins or in town. You may want to bring:

- Books
- Movies (they have cable TV)
- Music
- Games
- Cards
- Other fun activities

**MOST IMPORTANTLY, DO NOT FORGET TO BRING.....**

**MONEY:** It is highly recommended that you bring **SPENDING CASH** (about \$200-\$250) since there are quite a few **pay activities** (skiing, sledding, movies, dining out, visits to the gift shop) at Big Bear. So if possible, provide allowance advances. Please keep in mind the cost of renting skis or snowboards, as well as a mountain pass. These activities do get pricey!